

Killingworth Copes 25: Coronavirus update

Hello, Killingworth—

The state showed a very large jump in the number of COVID-19 cases on Monday, but that was apparently caused in part by changes in the CDC metrics. Overall, the curve is flattening. Killingworth continues to learn about new cases; we now have 10 residents who have tested positive and, I am so sad to report, 3 deaths.

How we feel. Governor Lamont today encouraged everyone with a smart phone to download and use a new app called How We Feel. The app was developed by an independent, nonprofit organization to improve the data available to those who are working to stop the spread of COVID-19 and develop a plan for reopening the economy.

Using the How We Feel app the first time, you self-report your age, sex, ZIP code, and any health symptoms you experience. It takes 30 seconds. You don't have to sign in or share your name, phone number, or email address. After the first log in, you report once a day on how you are feeling. Scientists, doctors, and public health professionals use the collective data—not individual data—to track the spread of the disease, identify new outbreaks, and identify populations that could be at risk.

Donating your data, whether you feel well or sick, will help in the fight against the pandemic. Almost 120 Killingworth residents signed up on Monday evening! (For the record, 108 and of them reported feeling well; 9 reported feeling unwell.)

The first time you download the app and donate your data, the How We Feel organization will donate a meal to people in need through Feeding America—up to 10 million meals.

Remember, we're all in this together. While the COVID-19 epidemic continues, please check in, by phone, with your friends, neighbors, and family—especially anyone who might be taking isolation particularly hard. If you hear that someone needs help, please leave a message with Mercedes Ricciuti at 860-663-1765, ext. 217, and she will follow up.

Stay home, stay safe--
Cathy