

MINUTES
MEETING OF THE KILLINGWORTH
COMMITTEE ON AGING
Wednesday, September 25, 2024 at 5:30 p.m.
Killingworth Town Hall

Members in Attendance: Joan Gay, Cheryl Fine, Bill Joyce (Arrived at 5:50 p.m.), Joyce Mason, and Ex-officio Member, Mercedes Ricciuti, Municipal Agent for the Elderly

Members Absent: Margaret Tobelman

Visitors: Kate Moran, Mary Solera and Jamie Sciascia (Via Phone)

Called to Order: The meeting was Called to Order at 5:30 p.m. by Joan Gay, Chair

Roll Call: Chair Gay took a Roll Call of all Committee Members and Visitors that were in attendance during tonight's meeting.

Communications: No Report.

Approval of Minutes:

Motion #1 - Joyce Mason *Moved* and Cheryl Fine *Seconded* a motion to approve the Minutes from the Committee on Aging Meeting that was held on July 24, 2024 as presented.

Voting to Approve: J. Gay, C. Fine, J. Mason

Motion unanimously passed (3-0-0).

Approval of Clerk's Invoice:

Motion #2 - Joyce Mason *Moved* and Cheryl Fine *Seconded* a motion to approve the Clerk's Invoice in the amount of \$100.00 as presented.

Voting to Approve: J. Gay, C. Fine, J. Mason

Motion unanimously passed (3-0-0).

Report from Municipal Agent for the Elderly:

Mercedes Ricciuti reported that the Fuel Season has begun. To date, Mercedes has received 20 applications, and typically the response is 60.

Mercedes also reported about Beechwood residents receiving a letter from the Water Company about a discount which is based on income and for Beechwood residents who use town water and not well water, to contact the Municipal Agent for the Elderly. Mercedes filled out 35 forms for Beechwood residents.

Mercedes provided a flier from the Connecticut Board Association offering free legal advice on October 22nd and 23rd. Chair Gay suggested asking First Selectman Couture to perhaps send out an email blast to Beechwood residents about this Clinic.

Status of Neighbors Helping Neighbors:

Chair Gay sent another announcement to Killingworth Connection, The Stomping Ground and All Things Killingworth. As a result, Allison Behnke of HK Youth and Family Services received a couple of responses. Volunteers are available. Chair Gay asked if anyone knows of people needing assistance to contact Allison Behnke directly via: alli.behnke@hkfys.org.

Status of UR Community Cares:

Mercedes Riccuiti reported that the program was still not in effect due to a lack of volunteers. Mercedes will contact the Killingworth churches and other organizations in the near future.

Affordable and Senior Housing Research Report Presentations:

Chair Gay reported that she presented to the Board of Selectmen on September 9th regarding the Affordable and Senior Housing Research and Report and it was very well received. Chair Gay and Joyce Mason also met and presented the Report to the Planning and Zoning Commission where the Report was also well received.

Events:

Chair Gay reported about the Prioritize List highlighted items:

- The Medicare Roundtable is scheduled to be held on October 21st at the Library from 10:00 a.m.-12:00 p.m. Kate Moran and Mary Solera offered to distribute the Medicare announcement to Killingworth churches and private businesses. Bill Joyce volunteered to purchase the water and cookies for the event.
- I.D. Theft and Scams is a possibility for scheduling in December. Chair Gay will contact Statewide Legal Services of Connecticut.
- Hartford HealthCare Healthy Aging will provide 3 sessions - Keeping Memory Strong, What is to be Concerned and What is Dementia scheduled on March 7th, March 14th and 21, 2025. Chair Gay thanked Kate Moran for her work in arranging this program.

- As a result of the Survey on Aging results presented to the H-K Recreation Department, Joselyn Salafia, from Park and Rec, contacted Chair Gay suggesting programs for the Committee on Aging. They would like to provide a Chair Yoga Instructor, and a Christmas Wreath Decorating Class in December at minimal cost.

The Consensus of the Committee was to move forward with this plan. Chair Gay will call Joselyn Salafia tomorrow.

Committee Member, Joyce Mason, suggested reaching out to the Beechwood Community to get contact information for their instructors to possibly provide their program for the Committee on Aging that would be open to all Seniors.

Old Business:

The Committee had discussion about the 2024-2025 Town Budget and the importance of hiring a Coordinator for the Committee on Aging.

Chair Gay reviewed the Budget Submission Process and Timeline.

Committee on Aging Member, Joyce Mason, left the meeting at approximately 6:23 p.m.

New Business:

Committee Member Bill Joyce advised that he heard Chair Gay's presentation on Affordable Housing was well received by the Board of Selectmen.

Next Meeting: October 23, 2024:

The next meeting of the Committee on Aging is scheduled for October 23, 2024 at 5:30 p.m. at the Killingworth Town Hall.

Adjournment:

Chair Gay adjourned the meeting at approximately 6:45 p.m.

Respectfully Submitted,

Jamie Sciascia
Clerk