

MINUTES
SPECIAL MEETING OF THE
COMMITTEE ON AGING
Wednesday, January 22, 2025 at 5:30 p.m.
Killingworth Town Hall

Members in Attendance: Joan Gay, Margaret Tobelman (Arrived at 5:34 p.m.) and Ex-officio Member, Mercedes Ricciuti, Municipal Agent for the Elderly

Members Absent: Cheryl Fine, Bill Joyce

Visitors: Sandy Allard, Joyce Mason, Kate Moran, Jean Panciera and Jamie Sciascia (Via Remote)

Called to Order: The meeting was Called to Order at 5:30 p.m. by Joan Gay, Chair

Roll Call: Chair Gay took a Roll Call of all Committee Members and Visitors in attendance at tonight's meeting.

Due to a lack of a quorum at tonight's meeting, the Committee couldn't bring any motions/votes to the table.

Communications: None.

Approval of December 4, 2024 Minutes:

This Agenda item was ***Tabled*** until the next Committee meeting due to lack of a quorum.

Approval of Clerk's Invoice:

This Agenda item was ***Tabled*** until the next Committee meeting due to lack of a quorum.

Report from Municipal Agent for the Elderly:

Mercedes Ricciuti, reported about the following:

- An article was submitted to HK News back around the holidays about bringing joy to to others by volunteering for the UR Community Cares Program. The UR Community Cares Program is still in need of funding as well as volunteers in order to run the program. Mercedes noted that it has been approximately ten months receiving only one volunteer.
- The Fuel Assistance program has been the worst ever, noting that the last three people who applied are still waiting to get approved for benefits. The program ends in April.
- Janice Sullivan provided the tax free preparation software information and Mercedes will forward it on to everyone in her network in order to file their taxes.

Committee on Aging Member Margeret Tobelman arrived at 5:34 p.m.

Affordable and Senior Housing Research Report Addendum:

Chair Gay indicated that she will present the latest Housing Research Report Addendum to the Board of Selectmen and the Planning and Zoning Commission.

Events:

Chair Gay reported about the following scheduled events:

Healthy Brain Series:

- Keeping Memory Strong scheduled on March 7, 2025
- Memory Loss When To Be Concerned scheduled on March 14, 2025
- What is Dementia scheduled on March 21, 2025

ID Theft, Scams and Fraud scheduled on April 26, 2025, 10am - Noon, speaker will be Don Phillips, from Statewide Legal Services of CT

Joyce Mason recommended having the movie Thelma, included as part of the ID Theft Event.

Healthy Series:

Chair Gay reported that she and Kate Moran met with Ben Sodergren, who is the Director at the Library, to go over the arrangements for the upcoming Healthy Aging Sessions. Chair Gay thanked Kate for spearheading the Healthy on Aging Series. Chair Gay reported that Ben graciously offered to help with the participants' check in process. The events will be posted on the Library's Calendar in February and Ben will review with Chair Gay prior to the events how to utilize the computer for presentation purposes.

Chair Gay thanked Joyce Mason for creating the flyer for these events.

- Kate Moran will meet with Tammy Eustis regarding the Healthy Brain Series materials for the Library's display case for the month of March.
- Chair Gay will implement the Communication Strategy to publicize the Healthy Brain Series and will also utilize the RiverCog's email list and prior event participants.
- **Refreshments:** Chair Gay will pick up the refreshments prior to each session (cookies, water, paper plates and napkins.)
- **Set Up the Conference Room:** Kate Moran will confirm with the Library if we can access the Conference room Thursday evening March 6th and March 13th in order to set up. Ben will show Committee Members how to set up the room with the 35 chairs and tables, including one for the registration (Kate noted at the last event it took two people 20 minutes.)

Old Business: None.

New Business:

Margaret Tobelman gave an update to the Committee about a Bingo Event scheduled at the Library on February 21st at 10:30 a.m. It is open to the Community, however she noted it is more geared towards Seniors. The winners of Bingo will receive many different varieties of cans of soups which will connect with the Healthy Brain and Healthy Life Series. This event will be limited to 25 participants.

Joyce Mason reported that Donna Fitzgerald and the Evergreen Garden Club will be delivering flowers to Seniors who are homebound and need a boost of spirit. There are 15 names that will be receiving these flowers.

Next Meeting: February 26, 2025:

The next Committee on Aging meeting is scheduled on February 26, 2025 at 5:30 p.m. at the Killingworth Town Hall.

Adjournment:

Chair Gay adjourned the meeting at approximately 6:42 p.m.

Respectfully Submitted,

Jamie Sciascia
Clerk