MEETING MINUTES
REGULAR MEETING OF THE BOARD OF SELECTMEN
Monday, August 10, 2026 at 7:00 p.m./Killingworth Town Hall/Remote Access Available

BOS Members in Attendance: First Selectman Eric Couture, Selectmen Nancy Gorski and Joel D'Angelo - All present.

Visitors: Elizabeth Disbrow (Executive Assistant to First Selectman), Regina Regolo (Director of Finance/Via Remote), Derek Phelps, Ellen Oppenheimer, Rachel Verinis (HKYFS), and Jamie Sciascia (Via Remote)

Called to Order/Pledge of Allegiance: First Selectman Couture called this meeting to order at 7:00 p.m. The Pledge of Allegiance was recited.

Approval of Minutes: Motion #1 - Selectman Gorski ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to approve the Minutes from the Regular Meeting of the Board of Selectmen held on Monday, July 27, 2026, as presented. Motion unanimously passed [3-0-0].

Refunds and Abatements: Motion #2 - First Selectman Couture ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to approve the following Refunds, all for overpayment, and allow them to follow its normal course as presented. Motion unanimously passed [3-0-0].

Name:	**Address:**	**Amount:**	**Reason:**
1. Sun Home Serve	6 Beechwood Rd	$476.36	COC#0815
2. Berry-Whitlock	1 E Pleasant St	$42.08	COC#0523
3. Berry-Whitlock	1 E Pleasant St	$62.43	COC#0524
4. Robert Garamella	435 Route 148	$258.22	COC#2356
5. Colin Mclaren	37 Bunker Hill Rd	$7.63	COC#4456

First Selectman Couture noted that the Department Reports from the Building Official and Town Clerk were provided by email for the Board's review.

Department Report HKYFS: Rachel Verinis, Co-Director of HKYFS, provided an update on the organization's end of school year and summer programs, services, and events. She introduced two new part-time staff members, including herself as Co-Director and Summer Walton as Positive Youth Development Coordinator. Verinis noted that she and Co-Director Alli Behnke are sharing leadership responsibilities, with Verinis focusing on operations and Behnke on programming, while working collaboratively to support organizational growth.

HKYFS also welcomed a second contractual clinician, Amber Grasso. The organization held the Run Amuck and Summer Solstice events, which provided an opportunity for community connection and prevention outreach, with strong attendance. Verinis reviewed HKYFS's funding sources, including the PCC grant, COLA funding, vaping prevention/LBC grant, CYSA youth development grant, Youth Diversion Grant, SOAR grant, Community Funds of Middlesex County, Killingworth opioid settlement funds, municipal support from Haddam and Killingworth, fundraising and donations, and nominal program fees. She noted that HKYFS continues to pursue additional grants and has structured staffing to allow employees to support multiple areas, including prevention, clinical, and programming needs. Transportation was identified as one of HKYFS's largest challenges and expenses. As part of a new grant focused on teen impact and expanding programming, HKYFS is exploring the purchase of a 12 or 15 passenger van to provide reliable transportation and expand its reach. The Board suggested that HKYFS also contact Estuary Transit to explore potential transportation options. Verinis also noted that HKYFS is exploring opportunities to utilize local community properties for programs and events and is working with Parmelee Farm regarding potential collaboration.

Board of Education Report: Lisa Connolly provided the Board with the RSD17 Summary for July 2026 which included the following information: 1) Superintendent's Report; 2) HKHS Graduation and Student Leadership; 3) FY2025 Audit; 4) Budget Referendum Planning; 5) Transportation Efficiencies; 6) Transportation Efficiency Study; 7) ParentSquare and District

CommunicationsHealth Insurance and Employee Benefits; 8) KES Phone System Replacement; 9) Cafeteria Meal Pricing and Food Service Program; 10) Year-End Budget Transfers; 11) Finance and Facilities; 12) White Barn and Emergency Facility Needs; 13) Stormwater Collection; 14) Board Communications and Community Outreach; 15) Coordination with Boards of Finance and Boards of Selectmen; 16) July 25 Strategic Planning Workshop; 17) Planning for the 2026–27 Budget Referendum.
Board of Education information and past updates are available at: https://www.rsd17.org/board-of-education
Information about the 2026-27 Annual Budget is available at:
https://www.rsd17.org/board-of-education/boe-budget-and-updates
Information about the HKHS Project is available at: https://sites.google.com/view/hkhsproject

Appointments: None.

Budget Report: Director of Finance Regolo reported that there was no monthly report. A $10,000 payment to Pullman was identified as payment for assistance with the elementary school POET system. The Board discussed budget over/under expenditures, including the snow and PFAS line items, as well as several capital project closeouts and a possible over-expenditure, which will be addressed in the upcoming Call to Town Meeting.

Old Business: A. Open Bids: Real Estate Broker Services - First Selectman Couture opened one bid received from Robert Allison of Sotheby's for real estate brokerage services for two Town parcels, noting a 5% commission. The Board also noted that the commission was within the typical range for brokerage services.

Motion #3 - Selectman Gorski ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to accept the bid of Bob Allison from Sotheby's for real estate services for the Town of Killingworth, with a real estate brokerage commission fee of 5%, as presented. Motion unanimously passed [3-0-0].

B. Code of Ethics - Mr. Phelps and Ms. Oppenheimer thanked the Board for its support and noted that the proposed Code of Ethics is intended to provide practical guidance to employees and appointees and help them avoid ethical issues rather than emphasize punitive measures. Discussion included potential updates to the employee handbook and Town Charter, implementation procedures, and establishment of an Ethics Commission, which may require Charter review and possible amendments. The Board discussed holding a public hearing on the proposed Code of Ethics and the Multi-Year Capital Improvement Plan (MYCIP). The Board thanked Mr. Phelps and Ms. Oppenheimer for their extensive work developing the proposed Code of Ethics.

Motion #4 - Selectman D'Angelo ***Moved*** and Selectman Gorski ***Seconded*** a motion to send the Code of Ethics to a future Town Meeting. Motion unanimously passed [3-0-0].

Motion #5 - Selectman Gorski ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to authorize the publication of a Notice of Public Hearing on the proposed Code of Ethics, to be held September 14, 2026, at 6:30 p.m. Motion ***Withdrawn*** by Selectman Gorski.

Motion #6 - Selectman Gorski ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to hold a Public Hearing on the proposed Code of Ethics Ordinance and the 2026-2036 Multi Year Capital Improvement Plan (MYCIP) on September 14, 2026. Motion unanimously passed [3-0-0].

C. Call to Town Meeting - The Board discussed the proposed items for the upcoming Town Meeting, including the Code of Ethics Ordinance and MYCIP. The Board noted that additional public comment could be received at the September 14th meeting and that an item could be withdrawn from the Town Meeting agenda if necessary.

Motion #7 - Selectman Gorski ***Moved*** and Selectman D'Angelo ***Seconded*** a motion to prepare the necessary paperwork to issue a Legal Call to Town Meeting on September 28, 2026. *Following discussion regarding the required legal notice and meeting schedule, the Board agreed to hold the matter until the next meeting. No vote was taken.*

New Business: No Report.

Public Comment: Elizabeth Dibrow commented that the pickleball courts are heavily used and well received with the Community, with all three courts occupied during peak morning hours, and also noted that the parking lot appears more organized than before.

Board of Selectmen's Comments: Nancy Gorski -

- Gorski acknowledged Tim Gannon's email regarding the state's tire recycling reimbursement program and inquired whether the Town could receive reimbursement for tires collected by Bob's Tires in Massachusetts. It was noted that the Town was not selected to participate in the program this year but will continue pursuing participation. Gorski also suggested that Chris Mello attend a future meeting to provide an update on the allocation of Public Works labor and the ongoing costs associated with garbage and recycling operations.

Joel D'Angelo - No Comment.

First Selectman Comments: Eric Couture -

- Couture reported that the Flock cameras have been removed and noted recent media coverage regarding the matter.
- Couture noted that a new proposal for PFAS site inspection work had been received and would be presented to the Board, and the Board discussed the nature and costs of related change orders.
- Couture reported that the matter discussed in the previous executive session has been resolved and is not expected to result in legal action.

Adjournment: First Selectman Couture adjourned the meeting at approximately 7:59 p.m.

Respectfully Submitted,

Jamie Sciascia

Jamie Sciascia
Recording Secretary